



PHOKEETHRA

SPORTS CLUB

WATER

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| SAN PELLEGRINO 500ml | 6 |
| SAN PELLEGRINO 1L | 8 |
| FIJI 500ml | 5 |
| FIJI 1L | 8 |
| KULEN 500ml | 2 |
| KULEN 1.5L | 6 |
| LYYON 500ml | 1.5 |

TEA

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| EARL GREY SUPREME | 3 |
| JAPANESE SENCHA | 3 |
| MINT CHAMOMILE | 3 |
| DRAGON PEARL JASMINE | 3 |
| ORGANIC ENGLISH BREAKFAST | 3 |

HOT COFFEE

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| BLACK ESPRESSO | 3 |
| CAPPUCCINO | 3 |
| LATTE | 3 |
| HOT CHOCOLATE | 3 |
| DOUBLE ESPRESSO | 4 |

ICED TEA

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| PASSION FRUIT | 4 |
| GINGER | 4 |
| LEMON & MINTS | 4 |

FRESH FRUIT JUICE

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| FRESHLY SQUEEZED | 4.5 |
| Orange, Apple, Carrot, Pineapple, Lemon, Watermelon, Passion Fruit or Coconut | |

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| CUSTOM JUICE | 4.5 |
| Mix any of the above | |

SOFT DRINKS

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| COKE | 2.5 |
| COKE ZERO | 2.5 |
| SPRITE | 2.5 |
| SODA WATER | 2.5 |
| TONIC | 2.5 |
| FANTA | 2.5 |
| GINGER ALE | 2.5 |

PROTEIN SHAKES

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| MOCHA PROTEIN SHAKE 254CAL | 7 |
| Skim milk, Sugar free Syrup, Chocolate Powder & Cold Espresso | |

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| WHITE CHOCOLATE RASPBERRY 7 PROTEIN SMOOTHIE 395CAL | 7 |
| Coconut Milk, Vanilla Powder, Raspberries & White Chocolate Chip | |

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| BLACK FOREST PROTEIN SHAKE 330CAL | 7 |
| Chocolate Powder, Soymilk, Banana & Strawberry | |

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| MANGOLASSI PROTEIN SHAKE 200CAL | 7 |
| Mango, Lemon Juice, Vanilla Powder & Pistachios | |

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| BANANA PROTEIN SMOOTHIE 350CAL | 7 |
| Vanilla Powder, Banana, Skim Milk, Honey & Cinnamon | |

SMOOTHIES

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| PASSION & MANGO 350CAL | 5 |
| Passion fruit, Mango, Honey, Milk, Yoghurt | |

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| BERRY BANANA 350CAL | 5 |
| Banana, Strawberry Purée, Honey, Milk, Yoghurt | |

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| TEASER 350CAL | 5 |
| Coconut Milk, Fresh Banana, Mango, Yoghurt | |

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| COCONUT GINGER 350CAL | 5 |
| Apple Juice, Coconut Milk, Fresh Ginger, Banana, Honey | |

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| MANGO CHIA 350CAL | 5 |
| Mango, Banana, Yoghurt, Milk, Chia Seeds | |

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| STICKY MONKEY 300CAL | 5 |
| Banana, Vanilla, Coconut Milk | |

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| MILK SHAKE 112CAL | 5 |
| Choice of: Chocolate, Strawberry, Coconut or Banana | |

MOCKTAILS

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| CUCUMBER & LIME SPRITZER | 4 |
| Fresh Mint Leaves, Fresh Cucumber, Fresh Lime Juice, Soda Water | |

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| STRAWBERRY LEMONADE | 4 |
| Frozen Strawberry Purée, Fresh Lemon Juice | |

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| CUCUMBER COOLER | 4 |
| Cucumber, Fresh Mint Leaves, Syrup | |

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| GRENADINE SPRITZER | 4 |
| Grenadine Syrup, Lime, Syrup, Soda | |

ICE-COLD BEER

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| ANGKOR | 3 |
| CARLSBERG DRAFT | 3 |
| CARLSBERG BOTTLE | 4 |
| HEINEKEN | 4 |
| TIGER | 4 |
| TIGER CRYSTAL | 4 |
| CORONA | 5 |

COCKTAIL

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| MARGARITA STRAIGHT UP OR FROZEN | 6 |
| Passion Fruit or Cucumber | |

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| LYCHEE MARTINI | 6 |
| Vodka, Lychee, Lemon Juice, Sugar | |

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| CAMPARI MOJITO | 6 |
| Rum, Campari, Fresh Mint Leaves, Lime | |

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| GINGER & PASSION HIGHBALL | 6 |
| Fresh Rum, Homemade Passion Fruit & Ginger Syrup Soda Water | |

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| WHISKY SOUR ON ICE | 6 |
| JW Whisky, Fresh Lime, Syrup | |

CHAMPAGNE

| | GLASS | BOTTLE |
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| LOUIS ROEDERER BRUT PROSECCO SIVA EXTRA DRY | | 110 30 |

ROSÉ WINE

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| "GRIS BLANC" GÉRARD BERTRAND | 7 | 32 |
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WHITE WINE

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| "MARIUS" WHITE, M. CHAPOUTIER | 7 | 32 |
| GÉRARD BERTRAND 6 ^{EME} SENS | 6 | 30 |

RED WINE

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| CHÂTEAU LE GRAND VERDUS | 8 | 40 |
| GÉRARD BERTRAND 6 ^{EME} SENS | 6 | 30 |

SPIRITS - HOUSE POUR

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| CAPTAIN MORGAN'S RUM | 6 |
| GORDON'S GIN | 6 |
| SAUZA TEQUILA | 6 |
| SMIRNOFF RED VODKA | 6 |
| JOHNNIE WALKER BLACK | 6 |